

DAY 5

I listen to the voice of my spirit and I obey what it tells me. I allow my spirit to dominate me, because I do not walk according to the flesh, but according to the Spirit.

Theme:

Spirit vs Flesh

READ:

Romans 8:5-14

REFLECTION:

If Jesus lives in you, then we must choose to put to death our flesh.

Talk about verse 5-6

Both scriptures talk about how our sinful nature and our spirit man want to dominate our mind. It's like a battle. And we choose which side wins based on what we put on mind on.

This passage can really help our families understand our thoughts and how they can lead to our choices.

Go through each verse and do your best to pull out some facts and allow the Holy Spirit to minister through you.

Ask for examples like, "Over the past two days, when was a moment that you sided with your flesh or old nature and chose to do something against what God would want?"

Start by giving an example of maybe a time you allowed your anger to get the best of you. Admitting faults in front of your family is such a big door opener! Repentance gives you access to places in their hearts that you would not have if you always make this about them.

Finish this passage in verse 14 and explain what it means to be "Led by the Spirit"

Give a real life analogy of having one of them follow your lead. Show them that the Holy Spirit really does desire for us to "Follow His lead" in everything we do.

CHALLENGE:

Take a moment in prayer and have everyone repent of something they did or said. Then turn it around to make a declaration that **OUR FAMILY WALKS BY THE SPIRIT--NOT OUR FLESH!**