

DAY 2

I declare that I will not be defeated, discouraged, depressed or disappointed today.

Theme: Learning to speak to mountains--they aren't always temptations.

READ:

Mark 11:22-24

REFLECTION:

Who is Jesus talking to in this passage?

Jesus is talking to his disciples--the ones growing closer to Him. He gives them a key to growing in their faith with God.

What condition must be met before the mountain moves?

Have faith in God

Verbally speak to the mountain or situation in your life

Believe in your heart what the word says and do not doubt

Your faith in God and His word depends on what you know about Him and His word. The more you know what He says, your faith will grow to trust Him.

This is why it's important to find scriptures that you can grab ahold of and apply it to the situations in your life. The Word is active and living. It is powerful and will move mountains. But the key is knowing it and speaking it.

We can't expect our mountains to move by themselves. We must apply the word and speak to them.

CHALLENGE:

Identify some mountains in your life. Find out what God says about the situation and His promises for your life. Now speak to that situation and trust God!

Here are a few examples:

If the situation was being afraid at night, then you can declare 2 Timothy 1:7 over your life. "Fear, leave my life now! God's word says that He has not given me a spirit of fear, but of power, love and a sound mind."

If the situation was a low self esteem, then you can declare Psalm 139:13-14 over your life. "Low self esteem has no place in me. I command it to leave my life now. I am fearfully and wonderfully made and I have confidence in who God created me to be."

Find out what God's word says about the situation and have faith in what He says!