

DAY 3

I exercise my authority today with my words and I decree a thing and it is so.

Theme:

Learning the power behind your words because who lives in you

READ:

John 14:16-17, 27

Luke 9:1

Matthew 10:1

Ephesians 6:12

REFLECTION:

As you read the passages, go over some facts you see in the scriptures.

Then, have some questions about these passages and how it lines up with today's confession.

According to John 14, who did Jesus say He was going to leave us on earth?

Jesus gave us a Helper through the Holy Spirit

Where does the Holy Spirit abide?

He lives in us

According to Luke 9:1 and Matthew 10:1, what did Jesus give the disciples?

He gave them power and authority over all demons and sickness

Talk about what it means to exercise your authority over things.

Say a practical way so that authority clicks in their minds such as the authority Police Officers have or maybe a parent.

Help them understand that in the same manner, Jesus has given us the authority over spiritual attacks in our lives--in other words, things that come against our thoughts, our relationships, our bodies, etc...

Jesus gave us authority over these things and we must use our authority by our words.

CHALLENGE:

Have everyone choose something they are going to take authority over in their day.

Maybe it's a bad attitude or pain in their body. Out loud, exercise the authority by saying,

"Today, I take authority over my body. Body, you obey God's word. Line up with God's word and be healthy." Go around the room and ask what each person is going to use their God-given authority over.