

DAY 15

My words have the power to produce life or death. (Proverbs 18:21) I determine that today no corrupt, complaining, or judgmental words will come out of my mouth! My words give grace to the hearers! (Ephesians 4:29)

Theme:

Learning what God expects us to use our words for on a daily basis.

READ:

Proverbs 18:21

Ephesians 4:29

Philippians 2:14

1 Thessalonians 5:14-18

REFLECTION:

Our words were meant to proclaim Jesus and encourage others about His great love. One way God's uses to allow His power to flow to others is through our words. When we understand that, we are more careful to watch them.

Take time to study each of the scriptures. Ask your family about some truths and real life applications you can apply daily. Make a list of how we should use our words and how we shouldn't use our words. Once you do this, read over them and decide as a family to put this into practice today.

Accountability is everything. Keeping each other mindful of what we are saying with humility and grace will empower those around us to change their words. Allow God to use you today to encourage, build up, and love people!

CHALLENGE:

Make a creative poster. Or maybe have someone in your family make a creative design on the computer with your house rules about words. You can find creative ideas on Pinterest. Here is one that could be changed to fit some of the traits you are establishing in your home!

