

## **DAY 6**

*I have the wisdom of God today. I will think the right thoughts, say the right words and make the right decisions in every situation I face today. My mouth speaks wisdom and my heart is filled with understanding. (Psalm 49:3)*

Theme:

Learning to have the mind of Christ

### **READ:**

Psalm 49:3

Philippians 2:5-7

Philippians 4:6-9

1 Peter 4:1

### **REFLECTION:**

With the word of God, we truly have access to walk in the same mindset as Jesus Christ. What does that mean? We can think, respond, and walk in the same character as Christ.

It's important for us to establish a different mindset in our homes. When you think about mindset, think about literally "setting" your mind on something like a bookshelf. We can either choose to place our mind on Christ and His ways or on our flesh and our own ways. It's really up to us.

Take each scripture or passage above and allow each reader to explain what they think the scripture is telling you. Be sure to read it in a few translations if you have a hard time understanding.

Talk about what it means to "arm" yourself with the mind of Christ according to 1 Peter 4:1 and ask questions pertaining to the significance of arming yourself. You can relate it to a battle or maybe sports equipment. If you are not prepared for each day by arming yourself with the mind of Christ, you are setting yourself up for defeat.

Pray and ask the Lord to give you insight on each verse and be there to offer insight. However, be sure to allow your family to share their thoughts. Involving them will continue to open the doors of their heart for more of the seed (Word of God) to be planted.

### **CHALLENGE:**

Encourage your family to go around the room and say one thing they are going to "arm" themselves with today in order to win their battle. For example: "I have the mind of Christ today. I will choose to have joy no matter what comes my way." Allow everyone to say something they choose to already have the victory in!